

**APPLICATION FORM
FRIEND OF HEALTH KINESIOLOGY INITIATIVE**

Friend category is open for Health Kinesiologists from student onwards who either cannot as of yet, or do not wish to, have a practitioner listing on the www.HK-UK.co.uk website. The Friend category offers an opportunity for mutual support with the HKI team. As a member you have access to the members' pages on www.HK-UK.co.uk and to any promotional advice, materials, member meetings, etc. that may take place - while your membership fee helps to provide those things for you and your colleagues.

Please complete and return this page with your payment by 31st October.

- I enclose a cheque payable to HKI for the relevant fee of £ _____.
- I have transferred £ _____ to HKI account on (date): _____ with **my name as a payment reference.**

HKI account details: NatWest, pay Health Kinesiology Initiative. Sort Code: 60-01-10, account number: 31067417

Note: This membership category does not include practitioner listing on www.HK-UK.co.uk website.

FEE – MEMBERSHIP YEAR RUNS 1ST NOV-31ST OCT

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|---|--|------------------------|
| Friend of HKI | £15 full year payable in October each year | £10 six months or less |
| A voluntary donation to HKI funds of any amount can be added to your payment. | | |

PLEASE WRITE YOUR DETAILS CLEARLY IN CAPITAL LETTERS

| | |
|---------------|---|
| Name: | HKI membership status: Friend of HKI |
| Home address: | Home tel.no: |
| | Mobile no: |
| | Email address: |
| Postcode: | Name of your HK tutor: |
| Date: | Signature: |

Please allow up to 3-4 days for access to the members pages to be processed. This is a volunteer role and we do our best to process applications as efficiently as possible. Kindly post this form enclosing your cheque (where applicable) to:

HKI, c/o 65 Powder Mill Road, Warrington, Cheshire, SW4 1GB.

The Approved Register of Health Kinesiology UK Practitioners is managed by Health Kinesiology Initiative volunteer team (HKI).
The role of HKI is to support fellow Health Kinesiology practitioners and promote HK within the UK including running of the www.HK-UK.co.uk website.

Refusal or withdrawal of a membership:

HKI reserves the right to withdraw membership or to prevent any member from renewing membership for any reason, for example if the member puts HK into disrepute or due to an upheld complaint. The HKI register need not give reasons for withdrawals or refusals of membership. Membership criteria may change from time to time.

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CLARIFICATION OF HEALTH KINESIOLOGY QUALIFICATIONS

| | |
|---------------------|---|
| SP | Student Practitioner, can accept donations only. |
| KF Affiliate | Member of Kinesiology Federation who has not reached KFRP requirements after 3 (5) years as an Associate member, see below. |
| KF or FHT Associate | Associate member of either organization, level below professional qualification. |
| KFRP | Kinesiology Federation Registered Practitioner, full professional qualification. |
| MFHT | Member of Federation of Holistic Therapists, full professional qualification. |
| KFRP (Adv) | Advanced level KFRP, achieved on completion of 1000 course hours. |

**INFORMATION ON PROGRESSION TO KFRP OR FHT PROFESSIONAL STATUS
AND UPGRADING ACCORDINGLY ON THE HKI REGISTER**

The path to KFRP/MFHT status is the same for all different schools of kinesiology across the board. The course requirements for KFRP/MFHT meet the National Occupational Standards (NOS) that all UK complementary therapists are required to complete in order to reach a professional therapist status.

The steps to becoming a KFRP/MFHT professional practitioner:

- STUDENT** - After HK3 and on completion of 20 issues in facets and all the home study to this level, each student is invited by their tutor to join HKI register as a Student Practitioner (SP). *This is a totally voluntary option we offer to our students.*
- KF ASSOCIATE/FHT ASSOCIATE** – Pass of both the HK Assessment day and the KF Foundation Assessment leads to associate status. To upgrade on the HKI register, please forward a copy of your KF/FHT Associate certificate and a cheque to the address below.

KF Associate status is valid for 3 years. On request KF can consider a 2 year extension*. Failing to complete the requirements (see below) in the time allowed, you can drop to an affiliate member of the KF and remain as such either indefinitely or until you do complete the requirements to reach KFRP status. FHT members can remain associate members indefinitely, should they choose to.

- KFRP/MFHT**- The following courses must be completed within 3 years of becoming an Associate member of the Kinesiology Federation (see point above*) or Federation of Holistic Therapists:

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|---------------------------|---|
| a) Anatomy and Physiology | Minimum 45 hours course work and 45 hours homework. |
| b) Nutrition | Minimum 22.5 hours course work and 22.5 hours homework. |
| c) Inter-personal skills | Minimum 30 hours course work and 30 hours homework. |
| d) Practice management | Minimum 15 hours course work and 15 hours homework. |

Courses must cover set topics/syllabus, have certain forms of assessment and/or attendance. Details of the approved courses are on the members' sections of KF and www.HK-UK.co.uk. **Please do not do any courses without checking their eligibility.**

In addition you shall also need:

- A completion of 200 hours of insured client sessions once HK final assessment and professional insurance are in place. Proof to your tutor as advised on your assessment day.
- A minimum of 1 mentoring session per year as a KF/FHT Associate with a total minimum of 4 sessions. A list of approved mentors is available from Kinesiology Federation.

Upgrading to the practitioner register on www.HK-UK.co.uk, please use the different application form.